

Injectable Training Arm Replacement Skin LF00966U or LF00987U Instruction Manual



**WARNING: Product contains dry natural rubber.
Do not remove film from tubing!**

***Life/form*® Products by Nasco**

Remove Old Skin and Vein



Figure 1

To remove the old skin from the arm, open the tie at the top end of the arm. Then, coat the exterior skin lightly with the lubricant (included) and strip off the skin so that it will be inside out when you finish. (See figure 1.)



Figure 2

Remove the old vein by pulling the tubing out of the channel in the core arm. (See figure 2.)

Replace the Tubing



Figure 3

Double the tubing to find the approximate center and place in the groove of the core arm, starting with the center of the tubing at the center of the back of the hand. Do not remove the film from the tubing. (See figure 3.)

Lubricate the Skin



Figure 4

Pour the remaining lubricant into the new skin, allowing lubricant to run down the sides. Squeeze the skin between extended hands. Work your hands back and forth, up and down the skin to coat the inside of the skin thoroughly. (See figure 4.)

Install the New Skin

Grasping the skin with both hands as shown, slide the skin down over the core until the core fingers are approaching the finger holes in the skin.

(Caution: Work the skin on gently and evenly – pulling hard on the end of the skin can stretch or tear the material.) (See figure 5.)



Figure 5

As the skin is worked down over the core, be sure that the tubing remains in the channels.

Work Fingers into Place



Figure 6

Guide the fingers and thumb carefully into the proper holes as the skin is slipped further down on the core. If you encounter difficulty, simply slide the skin back an inch or two from the fingers and begin again. (See figure 6.)

Draw Skin Tightly Over Core

After the fingers are positioned in the hand, slide the skin over the remainder of the core to provide a snug fit.

If air is trapped in the fingers, a 22-gauge needle can be used to puncture the finger tip to allow the air to escape. (See figure 7.)



Figure 7

Check Tubing Location



Figure 8

Feel along the tubing channel to be certain that the tubing is properly seated. If it has slipped out of its channel, it can usually be moved back into position by working it with your fingers on the outside of the skin. (See figure 8.)

Position Ends of Tubing



Figure 9

The ends of the tubing should emerge from the center of the end of the core once the skin is tied. (See figure 9.)

Install Lace



Figure 10

Thread the lace tie through the eyelets. Pull the skin snugly over the core and tie the lace to hold skin in position. Check to be sure the tubing has not become kinked. Pull slightly on tubing so the vein appears more prominent. (See figure 10.)

If the skin stretches slightly during use, it can be tightened by retying the lace.

Warm water can be used to rinse away any excess lubricant remaining on the surface of the skin.

Other Available *Life/form*® Simulators

- LF00698U** Adult Injectable Arm (Light)
LF00855U Male Catheterization
LF00856U Female Catheterization
LF00901U Prostate Examination
LF00906U Ostomy Care
LF00929U Surgical Bandaging
LF00957U Enema Administration
LF00958U Pediatric Injectable Arm
LF00961U Intramuscular Injection
LF00984U Breast Examination
LF00995U Arterial Puncture Arm
LF00999U Pediatric Injectable Head
LF01005U First Aid Arm
LF01008U Intradermal Injection Arm
LF01012U Heart Catheterization (TPN)
LF01019U Ear Examination
LF01027U Peritoneal Dialysis
LF01028U Suture Practice Arm
LF01034U Suture Practice Leg
LF01036U Spinal Injection
LF01037U Hemodialysis Practice Arm
LF01038U Episiotomy Suturing Set
LF01042U Suture Kit
LF01062U Pelvic, Normal & Abnormal
LF01063U Stump Bandaging, Upper
LF01064U Stump Bandaging, Lower
LF01069U Cervical Effacement
LF01070U Birthing Station
LF01082U Cricothyrotomy
LF01083U Tracheostomy Care
LF01084U Sigmoidoscopic Examination
LF01087U Central Venous Cannulation
LF01095U Blood Pressure Arm
LF01108U Infant Intraosseous Infusion
LF01121U Advanced IV Arm
LF01131U Venipuncture and Injection Arm
LF01139U Advanced IV Hand
LF01142U Auscultation Trainer
LF01143U Testicular Exam
LF01152U Male & Female Catheter
LF01155U Advanced CPR Dog
LF01162U Venatech IV Trainer
LF01174U NG Tube & Trach Skills
LF01184U Venatech IM & Sub Q
LF01193U Special Needs Baby
LF03000U **CPARLENE**® Series
LF03601U Adult Airway Management Trainer with Stand
LF03602U Adult Airway Management Manikin
LF03609U Child Airway Management Trainer with Stand
LF03616U Child **CRISIS**™ Manikin
LF03617U Deluxe Child **CRISIS**™ Manikin with Arrhythmia Tutor
LF03620U PALS Update Kit
LF03623U Infant Airway Management Trainer with Stand
LF03632U Child Intraosseous Infusion/Femoral Access Leg on a Stand
LF03633U Child Airway Management Trainer Torso
LF03693U **Basic Buddy**® CPR Manikin
LF03699U "Airway Larry" Airway Management Trainer
LF03709U Infant **CRISIS**™ Manikin
LF03720U **Baby Buddy**™ Infant CPR Manikin
LF03750U Bariatric CPR Manikin
LF03770U Chest Tube
LF03953U **CRISIS**™ Manikin, Complete
LF03955U Deluxe **CRISIS**™ Manikin
LF03956U Deluxe "Plus" **CRISIS**™ Manikin
LF03965U Adult **CRISIS**™ Auscultation Manikin
LF03966U Adult **CRISIS**™ Auscultation Manikin with ECG Simulator
LF04000U **GERI**™/**KERI**™ Manikin Series
LF04200U Adult Sternal Intraosseous Infusion
LF06001U CPR Prompt® Adult/Child Manikin
LF06012U CPR Prompt® Infant Manikin
LF06200U CPR Prompt® Keychain Rescue Aid
LF06204U CPR Prompt® Rescue and Practice Aid

Nasco Fort Atkinson

901 Janesville Avenue, P.O. Box 901
Fort Atkinson, Wisconsin 53538-0901
1.800.558.9595

eNasco.com • E-mail: lifeform@eNasco.com